

EMERGENCY PREPAREDNESS QUIZ: ARE YOU INFORMED AND READY?

1. A family emergency plan is the best way to prepare you and your loved ones for a natural disaster or terrorist act.
 - a. True
 - b. False
2. A family emergency plan consists of having emergency supplies and a first aid kit handy.
 - a. True
 - b. False
3. Every family member should be familiar with your emergency plan since they each play an important role.
 - a. True
 - b. False
4. How often should you practice your family emergency plan?
 - a. Once a year
 - b. Every six months
 - c. Every three months
 - d. Only during an emergency
5. A family emergency plan should NOT include which of the following?
 - a. Information about the emergency plan at your children's schools
 - b. The name and phone number of an out-of-town contact person
 - c. A list of important phone numbers, including those of doctors and emergency services
 - d. Arrangements for each person in the family to be at a specific land line telephone at a specific time
 - e. A central meeting spot outside your home and one outside your neighborhood in case you need to leave the area
6. Which of the following is NOT a recommended action for emergency preparedness?
 - a. Creating a family emergency plan
 - b. Stockpiling antibiotics
 - c. Becoming knowledgeable about types of potential emergencies and responses
 - d. Getting an emergency supplies kit
7. Since terrorism is unlikely in my community, preparing for emergencies is not as important for me as it is for some other people.
 - a. True
 - b. False
8. It's a good idea to identify a centrally located room in your house or space in your basement, in case you and your family need to "shelter in place."

- a. True
 - b. False
9. You need to have a plan for your pets during emergencies.
- a. True
 - b. False
10. Which of the following should NOT be included in a basic emergency supply kit?
- a. Water (one gallon per person per day for drinking and sanitation)
 - b. Non-perishable foods
 - c. Battery-operated radio
 - d. Dust mask or cotton fabrics
 - e. Whistle
 - f. Important family documents
 - g. Candles
 - h. Flashlight and extra batteries
 - i. Manual can opener
 - j. Garbage bags and plastic ties
 - k. Wrench or pliers
 - l. First aid kit
 - m. Unique family needs such as infant formula or prescription medicines
11. When an earthquake strikes, you should:
- a. Run outside to avoid falling building debris
 - b. Take cover under a heavy piece of furniture
 - c. Lean against an inside wall or stand under an inside doorway
 - d. B and/or C
12. As long as a thunderstorm is five or miles away from you, you are pretty safe from lightning strikes.
- a. True
 - b. False